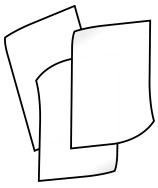
Dannedd iachus

Beth am wneud hwn gyda'ch plant? Ffordd hwyl a rhwydd i ddysgu am beth sy'n dda a drwg i iechyd ein dannedd. Cofiwch i rannu'ch lluniau gyda ni!

Why not do this with your children? A fun and easy way to learn what's good and bad for the health of our teeth. Remember to share your pictures with us!

Beth sy' angen / What you'll need



papur



pen du



Glud/Glue



Lluniau o fwydydd da a drwg / Pictures of good and bad foods



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