



Torrwch y barf allan a thwll i'r geg gyda siswrn. Tynnwch beli gwlân cotwm yn llac a gludiwch ar y barf.
Atodwch y barf i ffon lolipop neu gwnewch dyllau ar yr ochrau a chlymwch gortyn.
Tynnwch hun lun o'ch barf a rhannwch!

Cut the beard out and a hole for the mouth with a scissors. Pull cotton wool balls loose and glue on to the beard. Attach to a lollipop stick or make holes on the sides and tie with string. Take a selfie of your beard and share!

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