Heriau Cymraeg i'r teulu cyfan

Chwarae **gêm** 'Rwy'n gweld gyda fy llygaid bach i...'



Gwrando ar **gân** Cymraeg.

Mae rhestrau chwarae gyda ni ar Spotify- **Menter Iaith CNPT**

Gwario 5 munud ar **duolingo** yn ymarfer eich Cymraeg.



Gwrando ar **bodlediad** Cymraeg sydd o ddiddordeb i chi.



Mynd **am dro** a dysgu enwau Cymraeg yr ardal.



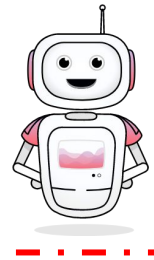


App Ioga Selog yn ddefnyddiol.

Lawrlwytho ap Cymraeg o'ch dewis a gwario 5 munud arno bob dydd e.e. Cyw, Bys a Bawd, Tric a Chlic, S4C.



Cyfrannu eich llais i raglen **Common Voice**.



Coginio pryd bwyd neu chacen Cymreig e.e. Cawl neu picau ar y maen.



MENTRAU IAITH
CYMRAEG
menter iaith Castell-nedd Port Talbot
Llywodraeth Cymru Welsh Government

Cyswllt: 01639 763819 | menter@micnpt.cymru | Rhif Cwmni 6156176

Welsh challenges for the whole family

Play the **game** 'I see with my little eye, something beginning with...'



Listen to a Welsh song.

We have various playlists on Spotify - **Menter Iaith CNPT**

Spend 5 minutes on **duolingo** practicing your Welsh.



Listen to a Welsh **podcast** that interests you.



Go for a **walk** and learn the area's Welsh names.



Do **Yoga** in Welsh as a family.

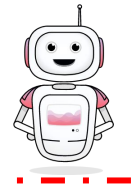


Ioga Selog App is useful.

Download a Welsh app of your choice and spend 5 minutes on it everyday e.g. Cyw, Bys a Bawd, Tric a Chlic, S4C.



Contribute your voice to the **Common Voice** programme.



Cook a Welsh meal or cake e.g. Cawl or Welshcakes.



MENTRAU IAITH | CYMRAEG | menter iaith Castell-nedd Port Talbot | Llywodraeth Cymru Welsh Government

Cyswllt: 01639 763819 | menter@micnpt.cymru | Rhif Cwmni 6156176